



4-H Newsletter

College of Agriculture,
Food and Environment
Cooperative Extension Service

Kentucky State Fair Results & District Day



We have State Fair Results!! You can see the results on the following pages. We are so proud of those that entered the fair. Nelson County had wonderful participation. We had over 80 entries and we could not be more thrilled. We also want to highlight a couple of our teens who ventured to the Kentucky State Fair on District 5 Day to perform on the stage in Cloverville. Preslee Boone performed “Harper Valley PTA” and Elliott Redmon shared a demonstration on “How to make homemade biscuits.” These teens and many others were also featured on WBRT’s radio show that day during “Extension Today.”

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County Extension Agent for
4-H Youth
Development
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Bardstown, KY 40004
502-348-9204

Nicole Howard
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Forestry Field Day

4-H youth from ten counties attended the 4-H Forestry Field Day at Mammoth Cave National Park on September 6 & 7, 2022. The more than 60 youth had the opportunity to learn about Kentucky’s trees and forests as well as some of the skills that real-life foresters utilize everyday while on the job. The youth aged 9 to 13 (Juniors) and 14 to 18 (Seniors) years of age were taught and tested on the basics of tree identification, tree measurement and the use of a compass and measuring distances by pacing. The instructors for the Forestry Event were foresters from the University of Kentucky Department of Forestry and Natural Resources, the Kentucky Division of Forestry and naturalists with Mammoth Cave National Park. U.K. Forestry and Natural Resources Extension and Allen, Barren, Daviess, Hart, Hardin, LaRue, Monroe, Nelson, Simpson and Warren Counties Cooperative Extension Service hosted the event.

The Junior 4-H Overall Ribbon winners for the combined three events on September 6:

- 1st place – Brooklyn Hunt – Nelson County
- 2nd place – Colton Hunt – Nelson County



Ballard, Lukas	6013.1 Country Ham Project	550 Sr. Division (14 years old) Smoked & Non-Smoked	Blue
Beamer, Annabella	6033 Needlework	824 Multiple Types of Embroidery Stitches - Stamped Embroidery	Red
Beamer, Annabella	6039 Home Environment	896 Unit II, Cloth item for the home created using a sewing machine stitching	Red
Bolin, Amelia	6013.1 Country Ham Project	549 Jr. Division (13 years old) Smoked & Non-Smoked	Red
Bolin, Amelia	6029 4-H Arts & Crafts	729A Junior Abstract	White
Bolin, Amelia	6032 Sewing	790A Lets Learn to Sew - Unit 1, Clothing Option	White
Bolin, Amelia	6035 Foods Exhibits	847 Three Chewy Granola Bars	Red
Bolin, Laura	6013.1 Country Ham Project	551 Sr. Division (15 years old) Smoked & Non-Smoked	Red
Bolin, Laura	6030 Photography	772 Horticultural, Single color	White
Bolin, Laura	6032 Sewing	808 Formal Affair (ages 14-18)	Red
Bolin, Laura	6032 Sewing	809 Upcycle It Senior (ages 14-18)	Red
Bolin, Natalie	6013.1 Country Ham Project	552 Sr. Division (16-18 years old) Smoked & Non-Smoked	Blue
Bolin, Rachel	6015 Horticulture & Plant Sci	564 Horticultural Project Exhibits	Red
Bolin, Rachel	6030 Photography	764B Natural Resources, Water	Red
Bolin, Rachel	6039 Home Environment	895 Unit II, Simple wood item refinished by 4-H member	Red
Cheek, Elijah	6029 4-H Arts & Crafts	729B Senior Abstract	Blue
Childers, Landon	6014.2 Poultry Showmanship	559B Senior Showmanship - All bantam breeds	Blue
Dawson, Annalisa	6029 4-H Arts & Crafts	740A Junior Linoleum Print	Blue
Hagan, Ruth	6030 Photography	767B FCS, Food Preparation	Red
Harrod, Zane	6013.1 Country Ham Project	545 Jr. Division (9 years old) Smoked & Non-Smoked	Blue
Hunt, Brooklyn	6027 Forestry	709 Leaf Collection - 3rd year	Blue
Hunt, Brooklyn	6029 4-H Arts & Crafts	727A Junior Acrylic Painting	Blue
Hunt, Brooklyn	6035 Foods Exhibits	848 Three Brownies	Blue
Hunt, Brooklyn	6035 Foods Exhibits	852 Basic Chiffon Cake (one fourth of cake)	Blue
Hunt, Brooklyn	6035 Foods Exhibits	858 Three pieces Classic Chocolate Fudge	White
Hunt, Colton	6025 Wood Science	674 Level 1, Made from a kit	Blue
Hunt, Colton	6026 Entomology	688A Second Year Project (min of 8 orders, not less than 50 insects)	Blue
Hutchins, Jaclyn	6029 4-H Arts & Crafts	734A Junior Oil Pastel - using oil pastels on canvas	Blue
Hutchins, Jaclyn	6029 4-H Arts & Crafts	749A Junior Pen and Ink	Blue
Hutchins, Jaclyn	6029 4-H Arts & Crafts	764A Junior Heritage Arts - Other (Traditions)	Blue
Ingram, Trey	6013.1 Country Ham Project	548 Jr. Division (12 years old) Smoked & Non-Smoked	Blue
Ingram, Trey	6025 Wood Science	675 Level 1, Not from a kit	Blue
Ingram, Trey	6035 Foods Exhibits	850 Rich Chocolate Cake (half of one layer)	White
Ingram, Violet	6013.1 Country Ham Project	546 Jr. Division (10 years old) Smoked & Non-Smoked	Blue
Ingram, Violet	6033 Needlework	822 One Type of Embroidery Stitch - Stamped Cross Stitch	Blue
Ingram, Violet	6035 Foods Exhibits	845 Three Cornmeal Muffins	White
Ingram, Violet	6035 Foods Exhibits	849 Three Snickerdoodle Cookies	Red
Kremer, Lily	6013.1 Country Ham Project	551 Sr. Division (15 years old) Smoked & Non-Smoked	Blue
Kremer, Lily	6029 4-H Arts & Crafts	728B Senior Water Color	Red
Kremer, Lily	6029 4-H Arts & Crafts	731B Senior Self Portrait	Blue
Lyvers, Aydon	6029 4-H Arts & Crafts	727B Senior Acrylic Painting	Blue

Lyvers, Aydon	6030 Photography	768A Set, Mechanics	Red
Lyvers, Aydon	6030 Photography	768C Set, Energy	Blue
Lyvers, Aydon	6030 Photography	768D Set, Movement	White
Lyvers, Aydon	6039 Home Environment	901 Unit III, Old/discarded item made useful in a new way as a home accessory	White
Lyvers, Layten	6025 Wood Science	677 Level 2, Not from a kit	Red
Lyvers, Layten	6029 4-H Arts & Crafts	744B Senior Computer Drawing	Blue
Lyvers, Layten	6029 4-H Arts & Crafts	746B Senior Two Point Perspective	Green
Lyvers, Layten	6029 4-H Arts & Crafts	757B Senior Clay	Blue
Lyvers, Layten	6029 4-H Arts & Crafts	763B Senior Art Trends	Blue
Lyvers, Layten	6030 Photography	769F Health, Dealing with Stress	Red
Lyvers, Layten	6030 Photography	770A Communications/Expressive Arts, Music	Red
Lyvers, Layten	6030 Photography	770B Communications/Expressive Arts, Instrument/Art Utensils	Blue
Lyvers, Layten	6041.1 21st Century Skills	925 Senior Division (Grades 9-12) Resume	Blue
Miller, Alaina	6011.4 4-H Dog Project Posters	543 Junior (age 9-13) Dog Posters	White
Miller, Alaina	6014.2 Poultry Showmanship	559A Junior Showmanship - All bantam breeds	Blue
Miller, Alaina	6015 Horticulture & Plant Sci	563 Experimental Horticulture	Red
Miller, Alaina	6029 4-H Arts & Crafts	735A Junior Intaglio Collagraph Print	White
Miller, Alaina	6029 4-H Arts & Crafts	754A Junior Batik Fabric	Blue
Miller, Alaina	6030 Photography	764C Natural Resources, Wildlife	Red
Miller, Alaina	6030 Photography	764F Natural Resources, Insect	Red
Miller, Alaina	6030 Photography	765A Agriculture, Livestock	Blue
Miller, Alaina	6030 Photography	771 Horticultural, Single black and white	Green
Matherly, Brady	6013.1 Country Ham Project	547 Jr. Division (11 years old) Non-Smoked	Blue
Matherly, Brady	6015 Horticulture & Plant Science	565 Terrariums	Red
Matherly, Brady	6015 Horticulture & Plant Science	567 Veg Container Gardens (grown in container)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	568 Annual Container Gardens (non-vegetable)	Red
Matherly, Brady	6015 Horticulture & Plant Science	569 House Plants	Blue
Matherly, Brady	6015 Horticulture & Plant Science	570 Hanging Baskets	Blue
Matherly, Brady	6015 Horticulture & Plant Science	571 Herb Container Garden	Red
Matherly, Brady	6015 Horticulture & Plant Science	572 Window Box Display	Blue
Matherly, Brady	6015 Horticulture & Plant Science	573 Upcycle Container Garden (previously used container, recycled (ex. Wood pallet garden)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	574 Garden and/or Orchard Displays	Blue
Matherly, Brady	6015 Horticulture & Plant Science	575 Tomato - Cherry, Must be ripe (red or yellow color only) (5 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	576 Tomato - Beef steak (5 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	577 Tomato - Heirloom (5 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	578 Peppers, hot (5 per plate)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	579 Peppers, bell (5 per plate)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	580 Peppers - sweet (5 per plate)	Blue

Matherly, Brady	6015 Horticulture & Plant Science	581 Cucumbers, slicing (5 per plate)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	582 Cucumbers, pickling (5 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	584 Corn, sweet in the husk silks 5 ears per plate	Blue
Matherly, Brady	6015 Horticulture & Plant Science	585 Cantaloupe (1 whole) halved	Red
Matherly, Brady	6015 Horticulture & Plant Science	586 Squash, summer (3 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	587 Eggplant (3 per plate)	Red
Matherly, Brady	6015 Horticulture & Plant Science	588 Potato (5 per plate)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	589 Largest Tomato (by weight)	Red
Matherly, Brady	6015 Horticulture & Plant Science	590 Largest Pumpkin (by weight)	Blue
Matherly, Brady	6015 Horticulture & Plant Science	591 Largest Watermelon (by weight)	Red
Parsons, Christen	6013.1 Country Ham Project	548 Jr. Division (12 years old) Non-Smoked	Red
Richardson, Michael	6030 Photography	766B Leadership, Urban Scenic - Landscape	Blue
Stone, Beckett	6025 Wood Science	678 Level 3, Not from a kit	Red
Stone, Beckett	6027 Forestry	706 Educational Exhibit - 2nd year	Blue
Stone, Beckett	6029 4-H Arts & Crafts	732A Junior Human Action	Green
Stone, Beckett	6029 4-H Arts & Crafts	748A Junior Color Pencil	Green
Stone, Beckett	6029 4-H Arts & Crafts	763A Junior Art Trends	Blue
Stone, Beckett	6029 4-H Arts & Crafts	764A Junior Heritage Arts - Other (Traditions)	Red
Stone, Beckett	6030 Photography	764D Natural Resources, Natural Scenic	Red
Stone, Beckett	6030 Photography	766A Leadership, Formal/Candid Portrait	Blue
Stone, Beckett	6030 Photography	770E Comms/Expressive Arts, Created Art in Your Community	Red
Stone, Beckett	6030 Photography	774 Horticultural collection (B&W or color)	Red
Stone, Beckett	6039 Home Environment	910A Changing Spaces, Color Wheel Collage	Red
Stone, Cash	6029 4-H Arts & Crafts	758A Junior Clay Bust	Red
Stone, Cash	6030 Photography	764A Natural Resources, Forest	White
Stone, Cash	6030 Photography	765E Agriculture, Farm Equipment/Implement	Red
Stone, Cash	6030 Photography	765F Agriculture, Modern or Historic Practices	White
Stone, Cash	6030 Photography	767A FCS, Family	Blue
Stone, Cash	6039 Home Environment	887 Unit I, Color Collage	Blue

2023 Summer Camp Dates July 10-14

Issues Conference

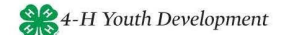
Issues Conference is a program designed for high school aged teens who are interested in problem solving, improving their communities, grant writing, & working with others. This event takes place November 17-19! If you are interested in attending Issues Conference, please call the office for more information! This is a great opportunity to learn how to make change while making new friends!



2022-2023 Nelson County 4-H Enrollment Card



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H Participant Information/Enrollment Form (NOT FOR RESIDENTIAL CAMP)

The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying. *Form Updated: August 2022*

Name: _____ County/Area: _____
Preferred Name: _____ School Name: _____
Address: _____ Birth Date: _____ Age: _____
City: _____ State: _____ Zip: _____ Grade: _____
Phone: _____ Email: _____
Gender: Female Male
Residence: Farm Town < 10,000 or Rural Non-Farm Town/City/Suburb 10,000-50,000 City/Suburb >50,000 City– Central >50,000
Race (please choose more than one if applicable): American Indian Asian Black Hispanic Non-Hispanic Native Hawaiian or Pacific Islander White Prefer Not to Say Not Listed: _____ T-Shirt Size: _____

Parent/Guardian 1: _____ Phone number: _____
Email: _____
Parent/Guardian 2: _____ Phone number: _____
Email: _____

Emergency Contact #1: _____ Phone H W C: _____
Email: _____
Emergency Contact #2: _____ Phone H W C: _____
Email: _____

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

What are YOU interested in!?

Please check 4-H Project(s) that you are currently a part of or would like to join or receive an invitation to the first meeting.

Available Curriculum:

- | | |
|---|---|
| <input type="checkbox"/> Cooking | <input type="checkbox"/> Arts |
| <input type="checkbox"/> Dog | <input type="checkbox"/> SET |
| <input type="checkbox"/> Ham* | <input type="checkbox"/> Scrapbooking |
| <input type="checkbox"/> Horse | <input type="checkbox"/> Babysitting Day Camp |
| <input type="checkbox"/> Livestock | <input type="checkbox"/> Meat Judging Series/Club |
| <input type="checkbox"/> Photography | <input type="checkbox"/> Junior Homemakers |
| <input type="checkbox"/> Sewing | <input type="checkbox"/> Cloverbud Day Camp |
| <input type="checkbox"/> Shooting Sports* | <input type="checkbox"/> Communications (Speech/Demo) |
| <input type="checkbox"/> Nature/Forestry | <input type="checkbox"/> Electricity |
| <input type="checkbox"/> Teen Council | <input type="checkbox"/> Healthy Living |
| <input type="checkbox"/> Helping Hands | |

Leadership Conferences:

- Teen Summit (Middle School Age)
- Issues Conference (High School Age)
- Teen Conference (High School Age)

Cloverbud (5-8 year olds):

- This form is for a Cloverbud (5-8 year old) that wants to participate in the previously selected clubs—if allowed by policies/leaders. By checking this box, I understand an adult must accompany and assist Cloverbud at all times.

School Attend: _____

Please call the office if interested in enrolling with a club an asterisks

Please note: Availability of project(s) offerings varies based on volunteer availability. Call our office for information if you would like to a lead club.

Publicity Release

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

SIGNATURE OF /GUARDIAN: _____

NO, I do not permit

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

Please return completed form to: Nelson County Extension Service 4-H, 317 South Third St, Bardstown, KY 40004

Health History

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "yes" answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

- | | Yes | No |
|---|--------------------------|--------------------------|
| 1) Asthma..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Bronchitis..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Convulsions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Diabetes..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) Ear Infection..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) Fainting..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 7) Heart Condition..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 8) Headaches..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 9) Hypoglycemia..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 10) Serious Allergy to Insects..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11) Serious Allergy to Nuts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 12) Serious Allergy to Gluten..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 13) Serious Allergy to Dairy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 14) Wear Glasses/Contacts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 15) Other Conditions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 16) Drug Allergy (please explain)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 17) Food Allergy (please explain)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 18) Other Allergy (please explain)..... | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any "yes" responses:

Please explain any restrictions (dietary, physical, etc):

- The following over the counter medications may be administered to my child without contacting me:
- | | | | |
|--|---------------------------------------|--|--|
| <input type="checkbox"/> Antihistamine Pill | <input type="checkbox"/> Antacid | <input type="checkbox"/> Ibuprofen (Advil) | <input type="checkbox"/> Hydrocortisone Cream |
| <input type="checkbox"/> Acetaminophen (Tylenol) | <input type="checkbox"/> Decongestant | <input type="checkbox"/> Dramamine | <input type="checkbox"/> Polysporin (topical antibiotic) |

List any conditions requiring medication: _____

Name of Family Doctor: _____ Doctor's Phone: _____
 Health Insurance Company: _____ Policy #: _____
 Name of Policy Holder/Relationship to Participant: _____ Member ID: _____

Medical Treatment

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

SIGNATURE OF PARENT/GUARDIAN: _____ DATE: _____

4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

All 4-H members & family/friends associated with 4-H members must respect the individual rights, safety & property of others & adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member & or others. The following guidelines are designed to make all 4-H events safe, meaningful, & satisfying to youth & others attending.

WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES & EVENTS:

- Each 4-H participant is expected to attend all planned sessions, workshops, field trips, & meetings of the event, & to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones &/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
- The possession & use of alcoholic beverages, tobacco products, vape juice &/or devices, &/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones &/or volunteers shall limit use of tobacco products to designated areas.
- Possession of firearms not for educational use is prohibited.
- Setting off fire alarms & tampering with fire extinguishing & other emergency equipment are prohibited.
- Gambling of any type is prohibited.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying & harassment can include the use of social media.
- Obscene, discriminatory &/or inappropriate language, roughhousing, & insubordination are prohibited at all times.
- Display of overly affectionate or inappropriate attention between participants is prohibited.
- Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program & may not be allowed in certain situations.
- Each county may adopt additional Code of Conduct guidelines.

WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, & EVENTS, THE FOLLOWING WILL ALSO APPLY:

- All participants are to be in their assigned area at curfew & comply with quiet hours, lights out, & other rules of the event.
- No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
- At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
- Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program & to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers & family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- | | |
|---|---|
| • Sent home from the activity or event at his/her own expense | • Released to nearest law enforcement authority |
| • Barred from participation from future 4-H events | • Termination of 4-H membership |
| • Assessed the cost of damages for destruction of property | |

I, _____, have read the Code of Conduct & agree to abide by its rules. I understand & that infraction of this Code of Conduct will result in an or all of the penalties listed above.

Member/Volunteer Name

Date

Parent/Guardian

Date

Country Ham Club- State Fair & Dinner

Congratulations to Brady Matherly for placing Grand Champion Overall Ham 11 year old Division & Grand Champion non-smoked Speech 11 year old Division. The dinner was a great success with members & parents pitching. Each member donated a ham & will make a profit from this event.



Horse Club

Our horse club has been a busy group as they attended the Iron Horse Festival (pictured below), have started riding practices for drill team, and look forward to an upcoming field trip and participating in the Bloomfield parade.



Shooting Sports Tournament Results

Shooting Sports members, parents, volunteers, & coordinators left a great impression on this year's state tournament! Our members brought home some hardware & we are proud of everyone's manners & safe practices. Next up, the program year starts once again & is kicked off with the Pulled Pork Carryout dinner fundraiser!



**PULLED PORK
CARRYOUT DINNER
FUNDRAISER**

**November 12
4:00 - 7:00**

Prepaid ticket: \$10
Ticket at the door: \$12
Kid's ticket: \$5



Proceeds benefit the 4-H Shooting Sports Club

Kids Meal Menu:
Hot Dog, Chips,
Dessert

Menu:
Pulled Pork Sandwich
Baked Beans
Pasta Salad
Dessert



School Enrichment

School programming was kicked off for the 2022-2023 school year. The first program offered was the Health Program where youth read a book about healthy practices, made a health poster, & learned about MyPlate! Youth learned about how they can identify different types of foods & balance healthy and unhealthy foods within their own diets. Other programs have been offered to classrooms as well. Though on pause, we hope these programs will be picked up by an incoming agent.

Our sewing lessons, taught by a group of wonderful homemakers, will continue at Bardstown High School. This programming has been a wonderful partnership & very rewarding.



Agent Update

It is bittersweet for me to announce that I have accepted a new position and will be leaving 4-H. My last day will be October 21st. I have thoroughly enjoyed working with members, parents, and volunteers throughout my time in this position. There are many memories that I will look back on fondly.

Current volunteers are able to continue with their programming, though new programming will be at the discretion of other county agents and may be on pause until a new hire fills the 4-H Agent position.

Nicole Howard



Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2	October 3	October 4 Adult Council	October 5	October 6	October 7	October 8
October 9	October 10	October 11	October 12	October 13	October 14	October 15
October 16	October 17	October 18	October 19	October 20	October 21	October 22
October 23	October 24	October 25	October 26	October 27	October 28	October 29
October 30	October 31	November 1 Adult Council	November 2	November 3	November 4	November 5 Shooting Sports Club
November 6	November 7 Horse Club	November 8 Teen Council	November 9	November 10	November 11	November 12
November 13	November 14	November 15	November 16	November 17	November 18	November 20
November 21	November 22	November 22	November 23	November 24 Office Closed for Thanksgiving	November 25	November 26
November 27	November 28	November 29	November 30	December 1	December 2	December 3 Shooting Sports Club