



4-H Newsletter

College of Agriculture,
Food and Environment
Cooperative Extension Service

2023 4-H Summer Camp

Youth from Nelson County will go to the 4-H camp at Lake Cumberland 4-H Center July 10-14, 2023. The anticipated total cost for camp is \$260.00, which includes lodging, meals, etc.

Campers will take part in an organized program of activities such as swimming, boating, archery, biking, crafts, outdoor education, games, campfires, group sports, & much more activities.

The 4-H Agent will attend the entire camp as well as several adult and teen leaders from Nelson County. The group will

travel via Nelson County School buses.

Scholarship applications are available upon request. ALL CAMPERS will be required to pay the \$100 deposit upon registration to secure a spot.

Our camper numbers are dependent on the number of teen & adult volunteers who are accepted by their application deadline. Please consider attending as a volunteer.

Inside this issue

- Contests 2
- Updates/Contest 3
- Contest 4
- Upcoming Events 5
- Updates/Calendar 6

County Extension Agent for
4-H Youth
Development
317 South Third Street
Bardstown, KY 40004
502-348-9204

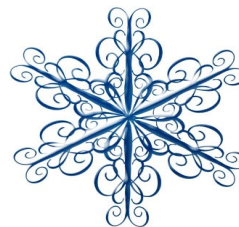


Danielle Hagler
County Extension Agent for
Family & Consumer Science

Winter Weather Notice

The Nelson County 4-H Club weather policy: "If Nelson County Schools are canceled due to bad weather or for any reason, all 4-H meetings & activities are automatically canceled." In addition, if there is a threat for bad weather before a meeting, call the Office at 502-348-9204 for

information regarding the meeting or event & any cancellation.



Speech & Demonstration Contest

Do you have something important to say?

Have your voice be heard at the 2023 4-H Speech and Demonstration Contest.

Speech Categories:

9, 10, 11, 12 , 13, 14, 15, 16, and 17-18 years (4-H Age)

Jr. & Sr. Demonstrations

Mock Interviews

For more information please call the office at 502-348-9204.



KENTUCKY 4-H WRITTEN COMMUNICATIONS CONTEST

The 4-H Written Communications Contest is a state level competition for youth ages 9-18 who have a passion for writing.

Categories include:

*Songwriting
Poetry
Original Monologue
Press Release
Public Service Announcement
"What 4-H Means to Me" Essay*



4-H Written Communications Contest Rules

1. Each category will have a junior and senior class.
2. Each writing piece must be original. If there is a question, the participant will be disqualified. A statement of authenticity must be completed and attached to entry.
3. All entries are to be on 8" x 11" paper, with the entrant's class, name, and county on a cover page and last name typed on every page.
4. Entries are to be double-spaced, typed with Calibri size 12 font white paper. (Songs may be single spaced within verses, chorus and bridge and double spaced between each of these.)
5. Winners will be invited to showcase at the Kentucky State Fair "Clover Café."

Categories include: (Junior and Senior Classes for each category)

Songwriting Poetry (3 line minimum and 25 line maximum)

"What 4-H Means to Me" Essay (minimum 500 words)

Original Monologue

Press Release (maximum of 1,000 words)

Public Service Announcement

All Entries will be due into the Nelson County Extension Office by February 17, 2023

Please contact the 4-H Office for cover sheet examples and the required statement of authenticity

Helping Hands Club

At the February meeting the group made Blessing bags. The bag had items like personal care/hygiene, snacks, hats/gloves and a sweet treat. The bags will go to those in our community in need and will show some love this holiday season.

Christmas cards were also made that will be delivered to nursery home and assistance living facilities.



Forestry Field Day

4-H youth from ten counties attended the 4-H Forestry Field Day at Mammoth Cave National Park on September 6 & 7, 2022. The more than 60 youth had the opportunity to learn about Kentucky's trees & forests as well as some of the skills that real-life foresters utilize everyday while on the job. The youth aged 9 to 13 (Juniors) & 14 to 18 (Seniors) years of age were taught & tested on the basics of tree identification, tree measurement and the use of a compass & measuring distances by pacing.

The Junior 4-H Overall Ribbon winners for the combined three events on September 6:
1st place – Brooklyn Hunt – Nelson County
2nd place – Colton Hunt – Nelson County



Poster Contest- What 4-H Means to You

We challenge you to participate in the 2023 poster contest. Winners earn cash prizes and their design may be used for 4-H Thank You Notes.

RULES:

1. Poster must have 4-H in title & display what 4-H means to the 4-H'er or what 4-H provides for youth.
2. Age categories are Cloverbud (Grades 1-3), Grades 4, 5, 6, 7, 8, 9-12.
3. Youth will receive ribbons & the top five winners in each grade will receive a cash award. Top 5 awards are between \$10 & \$5 for each grade level.
4. Copyrighted characters cannot be used.
5. Must be designed on poster board 14"x22" (1/2 of a regular poster board.) Posters may be produced by any medium such as water color, ink, crayon, pencil, paint, but can not be three dimensional.

Must have a completed title form. Affix the form on upper left hand corner on the back of poster. **Forms & Poster Boards** may be picked up at our office.

NO sharing posters. Posters are individual.

Due February 24, 2023 to the 4-H Office.

DID YOU KNOW...

4-H you members report higher levels of public speaking confidence the more years they have participated in 4-H.

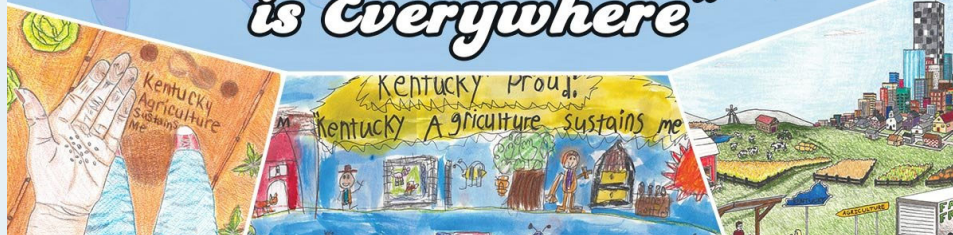


The Nelson County 4-H Shooting Sports Education Club learned about equipment safety & maintenance at their January meeting.



2023 POSTER & ESSAY CONTEST

"Kentucky Agriculture is Everywhere"



Kentucky students are invited to enter the Kentucky Department of Agriculture's (KDA) annual Poster and Essay Contest, Commissioner of Agriculture Dr. Ryan Quarles has announced.

The theme of the 2023 contest is "Kentucky Agriculture is Everywhere," encouraging contestants to illustrate in words or pictures how agriculture impacts their everyday world.

"Agriculture is everywhere. It's in the things we eat, the things we wear, the places we live," Commissioner Quarles said. "Emphasizing the importance agriculture plays in our everyday lives reveals its importance in all we do and have. This year's contest allows students to give that knowledge greater thought."

Students in grades K-12 may submit a poster, an essay of 500 words or less, or a digital entry, which may be photos or original digital artwork. Each entry must include the actual written theme

and be postmarked by Friday, March 3, 2023.

Winners will be notified by Friday, April 14, 2023. Winners in the poster and essay competitions will be selected in each grade. One statewide winner will be selected for digital artwork. Each winner will receive a \$100 award from Kentucky Agriculture and Environment in the Classroom and will be recognized at the 2023 Poster and Essay Contest Awards Ceremony next year. Winning entries will be displayed in Commissioner Quarles' Frankfort office and at the 2023 Kentucky State Fair in August in Louisville.

For more information, including complete contest rules and an entry form, go to <https://www.kyagr.com/marketing/poster-essay-contest.html> or contact Elizabeth Gordon, director of the KDA's Education and Outreach Division, at Elizabeth.Gordon@ky.gov or (502) 782-4125.

July 10-14, 2023

KENTUCKY 4-H PRESENTS
SUMMER CAMP 2023
TIME WARP

Lake Cumberland 4-H Camp
Nancy, KY



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
4-H Youth Development



2022-2023

*Kentucky 4-H
Winter Dash*

December 2nd - February 28th

The Kentucky 4-H Healthy Living Leadership Board wants to challenge you to stay active as the temperature drops! To us in a Winter Dash. From 12/2 to 2/28, we are going to walk, run or roll 26 miles for a virtual at-your-own-pace marathon. Track your steps using the

Qualtrics below & anyone who has over 26 miles between 12/2 to 2/28 will receive a metal. This is for folks of all ages so get out there & stay active.

https://uky.az1.qualtrics.com/jfe/form/SV_37Cv63xUiTB1FDU

2023

WASHINGTON COUNTY LIVESTOCK JUDGING CONTEST



REGISTRATION:

\$15 per child.
Registration includes sack lunch.



shorturl.at/hnBFJ

SPECIAL GUEST

Mr. Warren Beeler

WASHINGTON COUNTY STOCKYARDS

646 Bloomfield Road
Springfield, KY 40069



**MARCH 11, 2023;
CHECK IN: 8:30 EST
CONTEST AT 9:00 EST**

TEST YOUR SKILLS IN
EVALUATING LIVESTOCK,
PRACTICE REASONS AND

**DUSTIN WORTHINGTON
"I LOVE COWS"
ESSAY CONTEST**

Want to win a young Cow or Heifer?
Applicants must be an active member of 4-H or FFA
Open to any youth in Kentucky
Application Deadline - March 13

Dustin Worthington
1982-2000

Awards Program - April 4th @ Mercer Co. Extension Office

Applications are available online <https://bit.ly/Ilovecowssessay> or visit the Dustin Worthington "I Love Cows" Website for more information: www.dustinworthingtonmemorial.org
Anyone who has an interest in the cattle industry, 4-H or FFA is asked to contribute to the fund.
Contributions to the Memorial Fund please mail to:
Dustin Worthington "I Love Cows" Memorial Fund, 436 Arrowhead Road, Harrodsburg, Kentucky 40330

Questions please contact
Dena Worthington
859-612-7260

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the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to Equal Opportunity Office, College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546, the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 22	January 23	January 24	January 25	January 26	January 27	January 28
January 29	January 30	January 31	February 1	February 2	February 3	February 4 Shooting Sports Club
February 5	February 6 Horse Club	February 7	February 8	February 9	February 10	February 11
February 12	February 13	February 14	February 15	February 16	February 17 Written Communication	February 18
February 19	February 20 Ham Club	February 21	February 22	February 23	February 24 Poster Contest	February 25
February 26	February 27	February 28	March 1	March 2	March 3	March 4 Shooting Sports Club
March 5	March 6 Horse Club	March 7	March 8	March 9	March 10	March 11